

# BRIGHT BEGINNINGS CHILD DEVELOPMENT CENTER MONTHLY MENU

**2024 FEBRUARY**

CALENDAR YEAR      CALENDAR MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 <i>Breakfast</i> <i>Lunch</i> <i>Snack</i>	29	30	31	01 Cinnamon Toast on WW Bread, Apple Sauce, Milk Spaghetti & Meatballs, Peaches, Green Beans, WW Bread, Milk Animal crackers, Orange Juice	02 WG Cheerios®, Bananas, Milk Pizza, Pineapple, Salad, Milk WW Graham Crackers, Apple Juice	03
04 <i>Breakfast</i> <i>Lunch</i> <i>Snack</i>	05 Cheese Toast on WW Bread, Diced Pears, Milk Chicken Nuggets, Diced Potatoes, Diced Carrots, Milk Trail Mix, Apple Juice	06 Waffles, Peaches, Milk Corn Dogs, Lima beans, Mixed Fruit, Milk WW Crackers w/ Cheese	07 Apple Sauce, Toast on WW Bread, Milk Macaroni & Cheese, Mixed Vegetables, Pears, WW Bread, Pirates Booty, Grape Juice	08 WG Blueberry Muffin, Orange slices, Milk Turkey Meatballs w/ Noodles, Green Beans, Peaches, WW Goldfish crackers, Apple Juice	09 WG Cheerios®, Bananas, Milk Fish Sticks, Sweet Peas, Mashed Potatoes, Milk WW Graham Crackers, Orange Juice	10
11 <i>Breakfast</i> <i>Lunch</i> <i>Snack</i>	12 French Toast Sticks, Oranges, Milk Chicken and Rice, Sweet Peas, Mixed Fruit, WW Bread, Milk Apple Slices, Sunbutter	13 Cinnamon Toast on WW Bread, Apple Sauce, Milk Beans & Franks, Pineapples, Salad, WW Break, Milk Animal crackers, Apple Juice	14 Pancakes, Banana Slices, Milk Turkey & Cheese on WW Bread, French Fries, Mixed Vegetables, Yogurt, Granola	15 Apple Sauce, Toast on WW Bread, Milk Corn Dogs, Broccoli, Oranges, Milk WW Crackers w/ Cheese	16 WG Cheerios®, Bananas, Milk Pizza, Pineapple, Salad, Milk WW Graham Crackers, Apple Juice	17
18 <i>Breakfast</i> <i>Lunch</i> <i>Snack</i>	19 WG Blueberry Muffin, Peaches, Milk Spaghetti & Meatballs, Green beans, Pears, WW Bread, Milk Goldfish crackers, Apple Juice	20 Cheese Toast on WW Bread, Diced Pears, Milk Chicken Nuggets, Sweet Peas, Corn, Milk Trail Mix, Grape Juice	21 Apple Sauce, Toast on WW Bread, Milk Corn Dogs, Broccoli, Oranges, Milk Carrots, Corn Chips	22 Waffles, Peaches, Milk Grilled Cheese on WW Bread, Apple Slices, Mixed Vegetables, Pirates Booty, Apple Juice	23 WG Cheerios®, Bananas, Milk Fish Sticks, Sweet Peas, Diced Potatoes, Milk WW Graham Crackers, Orange Juice	24
25 <i>Breakfast</i> <i>Lunch</i> <i>Snack</i>	26 French Toast Sticks, Oranges, Milk Chicken Nuggets, Mashed Potatoes, Diced Carrots, Milk WW Crackers w/ Cheese	27 Biscuit/Jelly, Diced Pears, Milk Macaroni & Cheese, Sweet Peas, Diced Peaches, WW Bread, Milk Goldfish crackers, Apple Juice	28 WG Blueberry Muffin, Peaches, Milk Spaghetti & Meatballs, Pears, Green Beans, WW Bread, Milk Animal crackers, Orange Juice	29 Waffles, Applesauce, Milk BBQ Chicken Sliders, Baked Beans, Peaches, Milk Apple Slices, Cheez-Its	01	02
03 <i>Breakfast</i> <i>Lunch</i> <i>Snack</i>	04	05	06	07	08	09

*The following substitutes are made available due to food allergies/religious reasons: Meat substitute - cheese or double portion of listed vegetable or fruit. Pork/Beef/Fish substitute - Chicken nuggets; WG Oatmeal - WG Cheerios®; WW = Whole Wheat; WG = Whole Grain; Unflavored Whole Milk is served to children ages 12-23 months; Unflavored 1% Milk is served to children ages 2-5.*